

Sahar Blends

Essential Oil Blends

(Ready to Use)

Product Catalogue

**SAHAR
BLENDS**



Babaljeet Kaur

Founder & CEO

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What are essential oils?

- ▶ Essential oils also referred to as "essences," are botanical extracts of various plant materials and originate from flowers and herbs, trees, and various other plant material.
- ▶ The essential oils are extracted from the botanical material using various extraction methods to suit the material extracted from and are highly odoriferous liquids.
- ▶ Essential oils differ from other oils (fixed oils such as olive oil) as they are volatile and evaporate when left open and have certain therapeutic properties which can be used to promote health and well-being.

HEALING THROUGH ESSENTIAL OILS

- ▶ The contemporary practice of modern aromatherapy originated within the last hundred years. The use of essential oils to heal the mind, body, and spirit can be traced back to all the world's major ancient civilizations. Aromatic plants played a central role in the healing arts of early humankind.
- ▶ In the modern era, a renewed interest in natural, plant-based healing led to the development of modern aromatherapy. In the 1920s, a French chemist, Rene Gattefosse, experimented with essential oils and realized their great healing potential.



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At Sahar Blends, we acknowledge and practice the 'no preservatives and no artificial fragrance' policy. We're all increasingly aware of the number of ill effects of the synthetic chemicals in our lives today, ranging from household products to beauty products. These synthetic products are ruining our physical and mental health.

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A decorative wreath made of green leaves and gold outlines surrounds the text. The leaves are in various shades of green, and the gold outlines are thin and elegant. The wreath is centered around the text and extends to the edges of the page.

“

Our essential oil blends are made with utmost care considering all safety aspects of using essential oils such as banned essential oils, Abortifacient Essential oils, Emmenagogue essential oils are to be avoided by high blood pressure patients, essential oils to be avoided during liver toxicity and so on.

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Safety

But as with anything, certain essential oils can be toxic, but luckily these are not sold in general, but people should be aware that they must take care when using essential oils for the first time or experiment with new oils.


There are also certain safety precautions to be followed in using essential oils, such as never to use pure, undiluted essential oils on the skin.

Are you looking for a blend that feeds your soul and strengthens your physical being? If yes, then you are in the right place.

Uses of Essential Oil Blends



Essential oils are used in various ways and include aromatherapy massage - where the oil is absorbed through the skin and vaporization, where the essential oil molecules enter the bloodstream via the lungs.



Essential oils are also used medicinally and taken internally. Still, the layperson must NOT undertake this, but should only be done under the treatment and direction of a qualified medical practitioner.

Our Collection of Essential Oil Blends

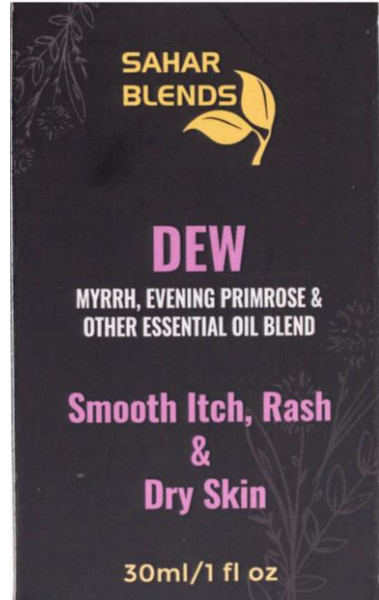
Ready to Use



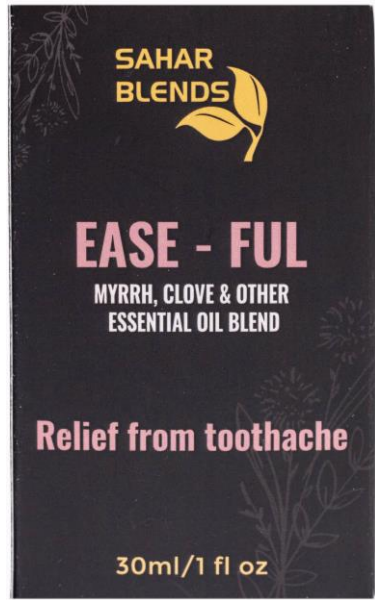
Anodyne

PO41















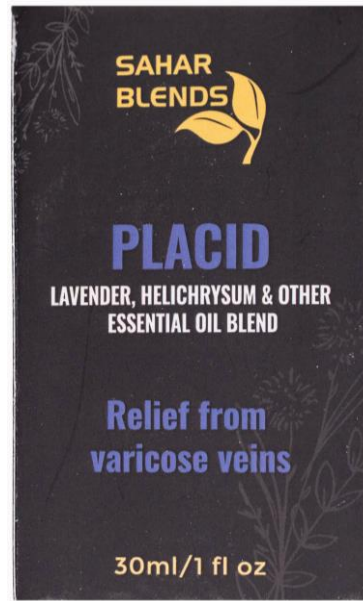


Happy Feet

P049



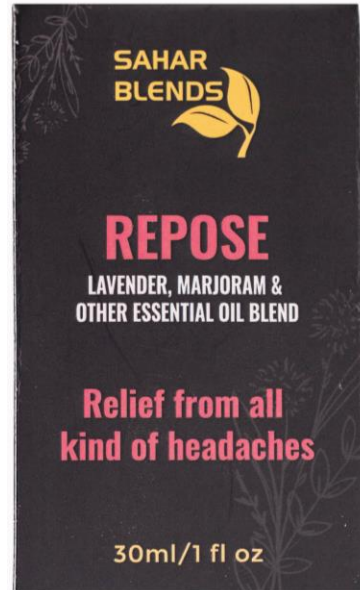


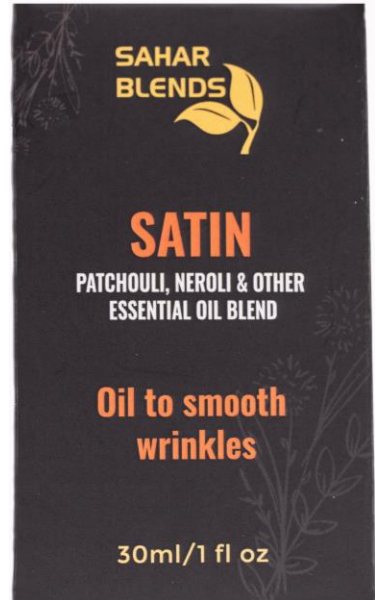




Repose

PO413

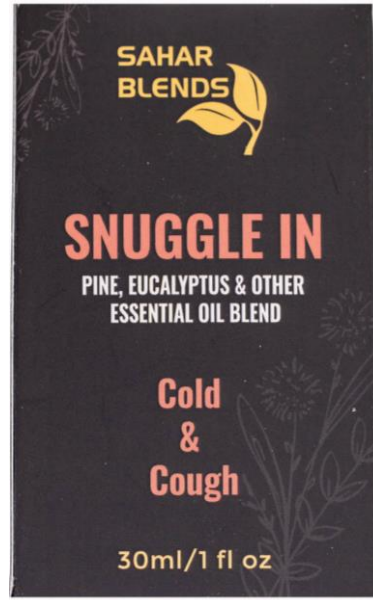






Snuggle In

PO416



Spruce Up

PO417



Unguent

PO418



We Deliver out Products Worldwide



With utmost care given to packaging and safety

**You can
order
through
Whatsapp
or Facebook**



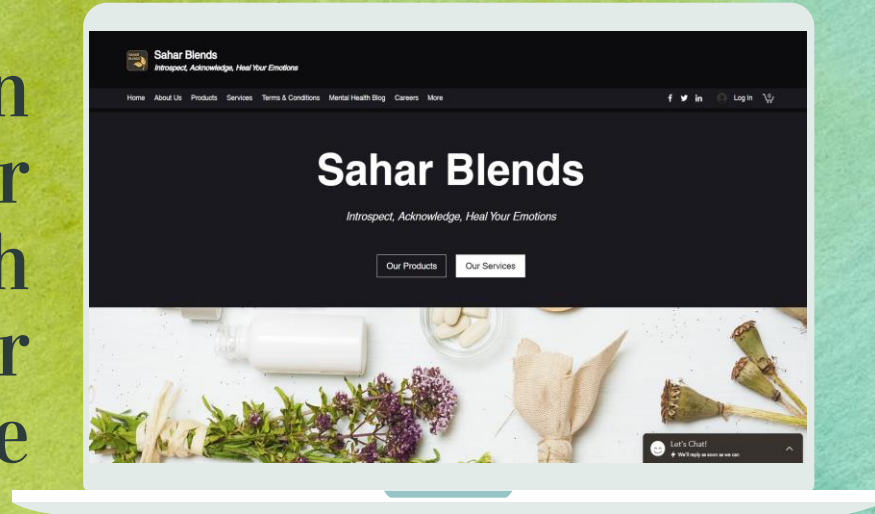
Whatsapp:

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Facebook:

@saharblends1

You can
order
through
our
website



www.saharblends.com

Price List

Product Code	Product Name	Use	Size (in ml)	Price (in ₹)
P041	Anodyne	For muscle & joint pain	30	499
P042	Dew	Oil to smooth itch, rash & dry skin	30	590
P043	Dwindle	Oil for spots	30	449

Product Code	Product Name	Use	Size (in ml)	Price (in ₹)
PO44	Ease-Ful	Relief from toothache	30	182
PO45	Ease-Off	Relief from constipation	30	550
PO46	Erasure	Make up remover	100	700
PO47	Feel At Home	Relaxing blend for workaholic's	30	499
PO48	Fine Feathers	Oil for healthy nails	30	549
PO49	Happy Feet	For feet relaxation	30	549
PO410	Kempt	Oil for beard growth	30	499
PO411	Placid	Oil for Varicose veins	30	449

Product Code	Product Name	Use	Size (in ml)	Price (in ₹)
PO412	Pristine	Oil to clear pigmentation	30	499
PO413	Repose	Relief from all kinds of headache	30	499
PO414	Satin	Oil to smooth wrinkles	30	499
PO415	Scintillate	Oil for glowing face	30	499
PO416	Snuggle In	Relief from cold & cough	30	499
PO417	Spruce Up	Oil for hair growth	100	825
PO418	Unguent	Relief from back & cervical pain	30	568

Customized Products

Our custom blends are healing tools that reflect your own personality and specially formulated to transform you from emotionally drained to an emotionally rejuvenated person. Blending is an art, like other art forms. In a carefully considered and calculated essential oil blend, a synergistic effect takes place.

So, let's begin. Customize your Essential Oil Blend.

- Are you suffering from any disease or disorder?
- Are you looking for a blend to heal your specific emotion?
- Are you going through an emotional breakdown?
- Is there any age-related issue?
- Do you want a blend to support your metabolism?
- Do you have any inclination towards any essential oil or/ and any essential oil blend?

The price of the customized products will be decided after the initial consultation.



Thank You!

You can find me at Contact Us page of our [website](#) & saharblends@gmail.com